

# International Prostate Symptom Score (IPSS)

NAME \_\_\_\_\_ DATE \_\_\_\_\_

*For each question, circle the number 1 through 5 that corresponds to your personal situation, then write that number in the final block in the row. Total your score and compare to the scale at the bottom of the page.*

	Not at all	Less than 1 time in 5	Less than half the time	About half the time	More than half the time	Almost always	YOUR SCORE
<b>Incomplete emptying</b> Over the past month, how often have you had a sensation of not emptying your bladder completely after you finish urinating?	0	1	2	3	4	5	
<b>Frequency</b> Over the past month, how often have you had to urinate again less than two hours after you finished urinating?	0	1	2	3	4	5	
<b>Intermittency</b> Over the past month, how often have you found you stopped and started again several times when you urinated?	0	1	2	3	4	5	
<b>Urgency</b> Over the last month, how difficult have you found it to postpone urination?	0	1	2	3	4	5	
<b>Weak stream</b> Over the past month, how often have you had a weak urinary stream?	0	1	2	3	4	5	
<b>Straining</b> Over the past month, how often have you had to push or strain to begin urination?	0	1	2	3	4	5	

	None	1 time	2 times	3 times	4 times	5 times or more	YOUR SCORE
<b>Nocturia</b> Over the past month, many times did you most typically get up to urinate from the time you went to bed until the time you got up in the morning?	0	1	2	3	4	5	

<b>Total IPSS Score</b>	
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	Delighted	Pleased	Mostly satisfied	Mixed – about equally satisfied and dissatisfied	Mostly dissatisfied	Unhappy	Terrible
<b>Quality of life due to urinary symptoms</b> If you were to spend the rest of your life with your urinary condition the way it is now, how would you feel about that?	0	1	2	3	4	5	6

**Score 0-7:** Your symptoms appear to be limited and therefore, you probably do not need to see a urologist. **Score 8-19:** Your symptoms appear to be moderately significant and therefore, you probably should contact a urologist. **Score 20-35:** Your symptoms appear to be very significant and therefore, you definitely should contact a urologist.



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